



Cystoscopy Post-Operative Instructions

Cystoscopy

After a cystoscopy (bladder and kidney exam) you may experience one or all of the following:

1. Burning with urination for a day or two.
2. Small amount of blood, pink-tinged urine, or possibly small blood clots for a day or two.
3. A feeling of urgency or the need to urinate but no urine comes out.

The above are normal and will pass. Be sure to drink plenty of fluids after the exam for 24 hours.

If any of the following occur, please call your doctor:

1. Burning with urination that worsens or continues more than 24 hours.
2. Passage of large amounts of blood or clots.
3. Inability to urinate for 3-4 hours.

“DO’S AND DON’TS”

DO

- Rest or take it easy the rest of the day.
- Resume normal diet.
- Bathe or shower tomorrow unless otherwise advised.
- Return to work tomorrow unless otherwise advised.

DON’T

- Drive a car or operate machinery until tomorrow if you were given sedation.