



# PROSTATE BIOPSY INFORMATION

## Why do I need a Prostate Biopsy?

There are multiple reasons for your doctor to schedule a prostate biopsy for you.

1. **Elevated Prostate Specific Antigen (PSA).**
2. **Active surveillance for diagnosed prostate cancer patients.**
3. **Abnormal MRI scan.**

## What happens during a Prostate Biopsy?

A prostate biopsy involves taking small tissue samples to check for abnormal cells.

**Sedation Options** (Your doctor will recommend the best option for you) Prostate biopsies can be performed under:

- **Local Anesthesia**
- **Nitrous Oxide**
- **General Anesthesia**

Guided by ultrasound, a small needle collects tissue samples from different parts of the prostate.

The samples are analyzed to detect any signs of cancer or other conditions.

# How do I get ready for my Prostate Biopsy?



Three prescriptions will be sent to your pharmacy when your biopsy is scheduled.

**Please pick them up and keep them somewhere safe until use.**

***Ciprofloxacin*** - Antibiotic to help prevent infections.

***Cefdinir*** - Antibiotic to help prevent infections.

***Tamsulosin (Flomax)*** - Helps with urine flow and prevention of urinary retention after biopsy.



**Purchase over the counter:**

**1 Fleet Enema:** this will be used the day of to help clean the rectum prior to biopsy.

## What if I am currently on blood thinners or I am taking Aspirin?

You must stop taking blood thinners and aspirin before a prostate biopsy to reduce bleeding risk, but the exact timing and whether it's safe to stop depends on the medication and your underlying health conditions. You must consult your healthcare provider or cardiologist to determine when to safely stop these medications and how long to hold them before the procedure. **You should not stop taking any prescribed medication without first talking to your doctor.**

## What to do **THE DAY BEFORE** my Prostate Biopsy?



### **Morning:**

- Take Cipro 500 mg (1 tablet)
- Take Cefdinir 300mg (1 capsule)

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### **Evening:**

- Take Cipro 500 mg (1 tablet)
- Take Cefdinir 300mg (1 capsule)
- Take Tamsulosin 0.4mg (1 tablet)

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## What to do **THE DAY OF** my Prostate Biopsy?



### **Morning:**

- Take Cipro 500 mg (1 tablet)
- Take Cefdinir 300mg (1 capsule)

*\*It's OK to take these with a sip of water on the morning of biopsy before arrival at the surgery center.*

- Use Fleet Enema 1-2 hours prior to leaving home

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### **Evening:**

- Take Cipro 500 mg (1 tablet)
- Take Cefdinir 300mg (1 capsule)
- Take Tamsulosin 0.4mg (1 tablet)

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## What to do **THE DAY AFTER** my Prostate Biopsy?



### **Morning:**

- Take Cipro 500 mg (1 tablet)
- Take Cefdinir 300mg (1 capsule)

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### **Evening:**

- Take Cipro 500 mg (1 tablet)
- Take Cefdinir 300mg (1 capsule)
- Take Tamsulosin 0.4mg (1 tablet)

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## When do I get my results?

A follow up appointment will be scheduled for you 7-10 days after the biopsy. This allows time for the results to come in.

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**\*Please be aware that your consulting urologist and your surgical urologist may be different providers.**

